

Get well soon!

Dear patient,

today you had a surgical intervention. Please don't eat or drink anything as long as the anesthesia continues. After the intervention you may have a pain or a swell. Red colored spittle and limited mouth opening can be possible, too. Around two days later the swill will be on top- don't be worried.

Please allow fort he following rules of conduct:

1. The swell can be minimized by using our cold pack. Put it in the fridge not in the freezer.
2. It you have a swap on your lesion please remove it after 30 minutes.
3. In case of secondary bleeding put a swap or a convoluted tissue on your lesion and bite on it for about 30 minutes.
4. Eliminate physical load and athleticism for one week.
5. Brush your teeth as usual but leave the surgical area for around 3 days out. You are allowed to use mouth rinse after 24 hours.
6. Emiminate the next days alcohol, nicotine, coffee and dairy products.
7. Painkillers which are ordered by our doctor can be taken if it is necessary. Take antibiotic exactly according to our instruction. Please don't take medications which thin the blood for example Aspirin or Dolomo.
8. After one week the dentist or our doctor has to take the stitches out.
Our opening hours are:
Monday to Friday from 07:30 am to 06:30 pm.
9. In case of need you can call one of our doctors: 0160 – 6361415.

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Your clinic team